

Groepslessen rooster easyActive

Maandag

09:00	Club challenge
09:00	Crossmaxx-Senior
10:00	Club yoga
10:00	30-Active
19:00	Crossmaxx-30
19:00	Club yoga
19:30	Crosscore
19:30	Defense
19:30	Spinning
20:00	30-Active
20:00	Club steps
20:30	Club power

Donderdag

09:00	Crossmaxx-30
09:30	Crosscore
10:00	30-Active
19:00	Crossmaxx-30
19:00	30-Active
19:00	Zumba-Gold
19:30	Crosscore
20:00	Crossmaxx-60
20:00	Zumba

Dinsdag

09:00	Crossmaxx-60
10:00	Zumba-Gold
10:00	30-Active
19:00	Crossmaxx-30
19:00	30-Active
19:30	Crosscore
20:00	Hatha yoga
20:00	Crossmax-60

Vrijdag

09:00	Crossmaxx-60
09:00	Zumba-Gold
10:00	Club Yoga

Woensdag

09:00	Crossmaxx-Senior
09:00	Club challenge
10:00	30-Active
10:00	Club yoga
19:00	Crossmaxx-30
19:00	Club steps
19:30	Crosscore
19:30	Spinning
19:30	Club power
20:00	30-Active
20:00	Defense
20:30	Club yoga

Zondag

10:00	Spinning
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